

Riverbend TEC is a three-day Catholic retreat experience which usually begins Saturday at 9:30 am and ends on Monday at 4:30 pm. Many do go out to eat after it is over.

These three days are filled with a series of talks, discussions, reflection time, special liturgies, recreation, and time to socialize. It is a great time to get away from the routine and rush of everyday life. It provides a time to look at your life, your relationship with God, your goals and how you might grow in your life as a Christian.

As our name indicates, adults and young people are welcome to participate in a TEC weekend. **Anyone who is 16 years old, a junior in high school or older**, is eligible to make a TEC weekend. Participants have ranged in age from 16 to early 80s.

The **fee for the weekend is \$65**. You are asked to send a \$20.00 non-refundable deposit with your application. Dress for the weekend is casual, but dress clothes are encouraged for Sunday Mass. Also bring your own towel, wash cloth, personal toiletries, sleeping bag, air mattress and any other items you need. Do not bring a radio.

Riverbend TEC is part of youth ministry provided by the Diocese of New Ulm and has the full support of our bishop and hosted at the following locations:

**Holy Redeemer Catholic School
Marshall, MN**

**Holy Trinity Cathedral
New Ulm, MN**

**Church of the Holy Trinity
Winsted, MN**

**Church of St. Mary
Bird Island, MN**

Please complete the application form and send it in at least two weeks prior to the weekend, if possible. We do accept applications up to the day before the TEC. In the last week before TEC, applications should be scanned and emailed in so we get them in time. If you must cancel please call Katie Prokosch immediately to reschedule or cancel. Your application will be kept on file and can be transferred to another weekend.

Financial assistance may be available if you need help to cover the cost. Check with your parish to see if it helps cover part of the cost. Riverbend TEC may also be able to help with financial assistance. Please call Katie Prokosch to see if Riverbend TEC has funds to help with some financial assistance.

Riverbend TEC

Diocese of New Ulm, MN

Together Encountering Christ

2017 — 2018



www.riverbendtec.org

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